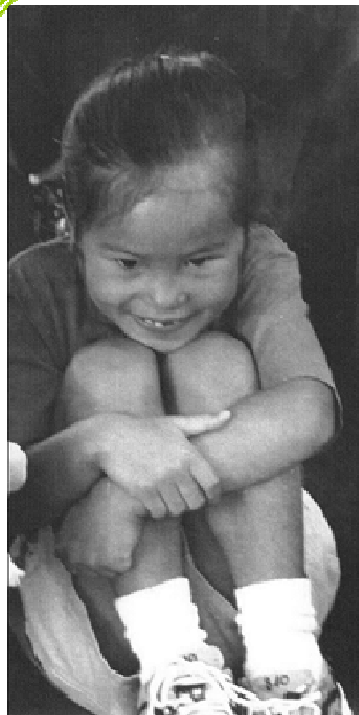


People are



Like Plants

Plants are born from seeds...



People are born from seeds.





Seeds are of different shape, color, origins, they come from many places...

People are of different shape, color, origins, they come from many different places.





The seeds stay in the womb of Mother Earth for a while before sprouting into seedlings.

The babies stay in their mother's womb for a long time before being born.



The small seeds grow into small plants and are kept in a nursery because they need a lot of special care.



After the small babies are born, they too need special care.

Little by little, plants develop their roots...



Little by little, the babies start to move around and walk.





The roots of a plant are very important  
they hold the plant in place,  
they give the plant stability  
they make the plant strong

People also need their roots:  
a place where to live and grow  
a place that give them stability  
a family they belong to  
a culture that makes them strong  
in their beliefs and give them  
an identity.





The roots feed the plants by taking nutrients and water from the soil.

When a plant is uprooted and replanted somewhere else it has a difficult time adjusting to its new surroundings before it can grow into a strong plant.

People grow and become strong when they are fed by:

- the love of their family and friends
- the richness of their culture
- the caring spirit of their community.

When people have to move from one place to another they have a hard time to start a new life.







Plants have many small roots, they are all different, but every root is important to the plant.

When some of the roots die, part of the plant also dies.

People have many different talents, skills, and abilities.

Like the roots of a plant, all of the talents and skills are important to the person to grow. If they are not developed, the growth of a person is stunted.





Plants need WATER:

To drink so they do not dry out and to have nutrients that are important to their growth.

People need WATER:

to drink,  
to wash,  
to cook,  
to clean,  
to be refreshed,  
to get important nutrients, and  
to heal themselves.





Plants need SOIL:  
to get nourishment,  
to have space to grow, and  
to grow and develop into  
strong healthy plants.

People need their LAND:  
a place to live, eat, be sheltered.

People need their own space to work, to study, to relax, to  
feel good, to play, to enjoy, to love.





Plants need the warmth of the SUN:  
to make their own food,  
to get energy, and  
to produce their fruits.

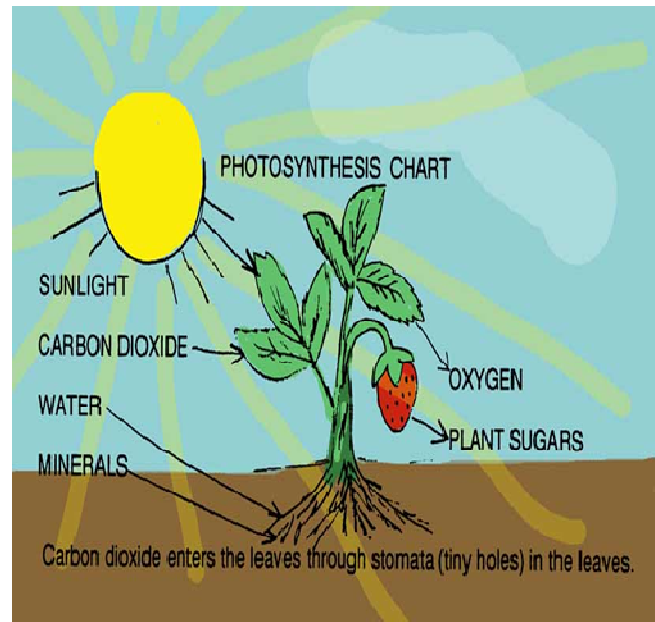
People need SUN:  
to be active,  
to be able to work, and  
to get energy.

People are also the sun  
in their family,  
in their community, and  
in the world.



Plants need AIR to breathe.

They breathe in carbon dioxide and breathe out oxygen



People need AIR to breathe.

They breathe in oxygen and breathe out carbon dioxide.

Plants and people are interdependent on each other.



Plants produce FRUITS:  
for people,  
for animals, and  
for insects,  
so they can LIVE.



People share:  
their love,  
their life,  
their wealth,  
their smile,  
their thoughts, and  
their compassion,  
so others can LIVE.





Different PLANTS grow better in different places. Many grow only in some areas and not in other areas.

They cannot produce fruit if they are not in the right place.

People grow and are productive only if they are able to express their own abilities and skills, in the right place and with the right people who can help them to develop their own personality.



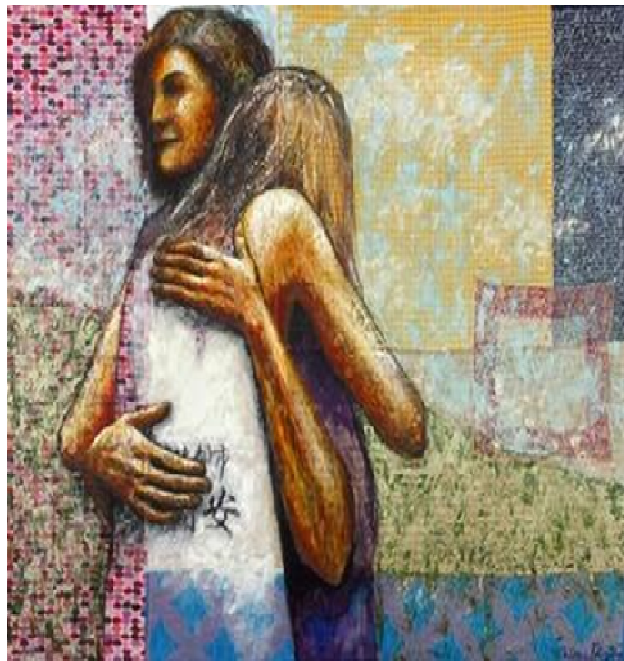


Plants have hard time growing if they are **CHOKED** by too many **WEEDS**.

Plants need to be freed from weeds. Weeding takes a lot of time and patience.

People have a hard time becoming better people if they are **CHOKED** by so many **WEEDS**: selfishness, fear, insecurity, addictions, hate...

Weeding the negative feelings from ones self takes a long time and it takes patience.







Old trees have a lot of energy accumulated over the years.

Trees share this energy. It is comfortable being under a tree.

Nā Kūpuna have accumulated a lot of wisdom over the years.

They share their wisdom and vision of life to help the new generation grow.



Eventually PLANTS DIE...  
but not really!

When they fall to the ground  
they become new soil, new  
life for the new plants that  
will grow.



Eventually PEOPLE DIE...  
but not really!

    Their spirit still lives,  
    Their love is still present,  
    Their examples are still clear,  
To show the way for the next generations.







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